



## Incontinence Supplies

### Documentation Requirements

#### Alaska Medicaid

- ★ Alaska Medicaid Certificate of Medical Necessity for Incontinence Supplies
- ★ Face to Face visit within 6 months for new services, within 12 months for renewals (see below for criteria)

\*Medicare does not cover supplies. Most commercial insurance does not cover supplies. Tricare will only cover supplies through the ECHO program.

### Medical Record Requirements

- ★ Face to face visit with treating practitioner documenting:
  - ☐ Patient has bladder or bowel incontinence due to a qualifying primary condition (See list below of common primary conditions).
  - ☐ For Medicaid, this visit must take place within 6 months of the order for new services.
  - ☐ For patients 3 years to 10 years old, that the patient has not responded to, would not benefit from, or has failed bowel or bladder training.
  - ☐ The frequency of incontinence.
  - ☐ The patient's ability to manage their incontinence independently or with assistance.
  - ☐ The patient's prognosis for controlling incontinence.
  - ☐ The patient's level of skin integrity and vulnerability to skin breakdown.
  - ☐ Any medications or diuretics that increase the patient's output.
  - ☐ Any allergies to known product materials.
- ★ For overutilization:
  - ☐ Prescriber must provide additional letter of medical necessity or justification in the medical records for any quantities above the usual and customary. Medicaid will require a service authorization for approval PRIOR to dispensing.
- ★ Common primary conditions that can cause incontinence. Please note the medical record must support the primary condition directly causing the incontinence. Incontinence on its own is not qualifying. This is not an all-inclusive list.
  - ☐ Spina bifida
  - ☐ Spinal cord injury
  - ☐ Nerve degeneration (including neurogenic bladder)
  - ☐ Cerebral Palsy
  - ☐ Enlarged prostate
  - ☐ Stroke or CVA
  - ☐ Multiple Sclerosis
  - ☐ Parkinson's Disease
  - ☐ Alzheimer's Disease
  - ☐ Autism
  - ☐ Dementia