

4215 Credit Union Dr. Anchorage, AK 99503 907-274-0770

915 30th Avenue Fairbanks, AK 99701 907-458-8912

35563 Kenai Spur Hwy. 901 N Leatherleaf Lp. Soldotna. AK 99669 Wasilla, AK 99654 907-260-4433

907-357-7882



Patient Lift Instructions

Patient Lift General Information

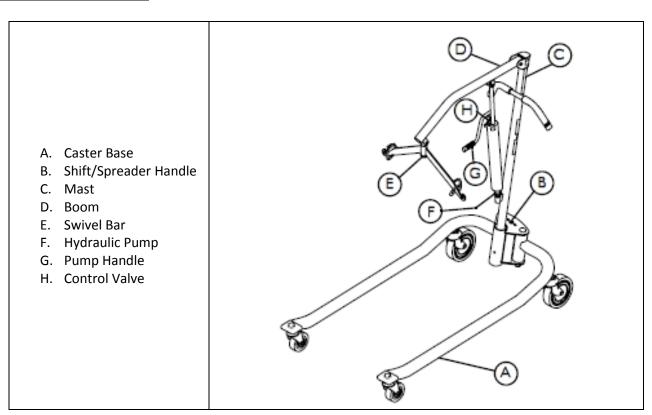
Your physician has prescribed a Patient Lift for you. Your Patient Lift should be used only for it's intend purpose. If your physician discontinues your Patient Lift, it is your responsibility to notify Procare Home Medical at 1-877-274-0770. A written physician order must be obtained by Procare Home Medical for any regarding your patient lift. Patient Lift(s) can be dangerous if misused.

General Information

•	The maximum weight which can be lifted is
	300 lbs.
	450 lbs.
	☐ 600 lbs.
	Lbs.

- Never exceed the maximum capacity of the patient lift.
- Patient Lift is used to lift and transfer a patient. Most common applications include:
 - o Transfer to a Bed
 - o Transfer to a Chair
 - o Transfer to a Commode
 - o Transfer to a Car
- Always ensure that the head is supported. Some patients may require a full body or head supported sling.

Parts of the Patient Lift



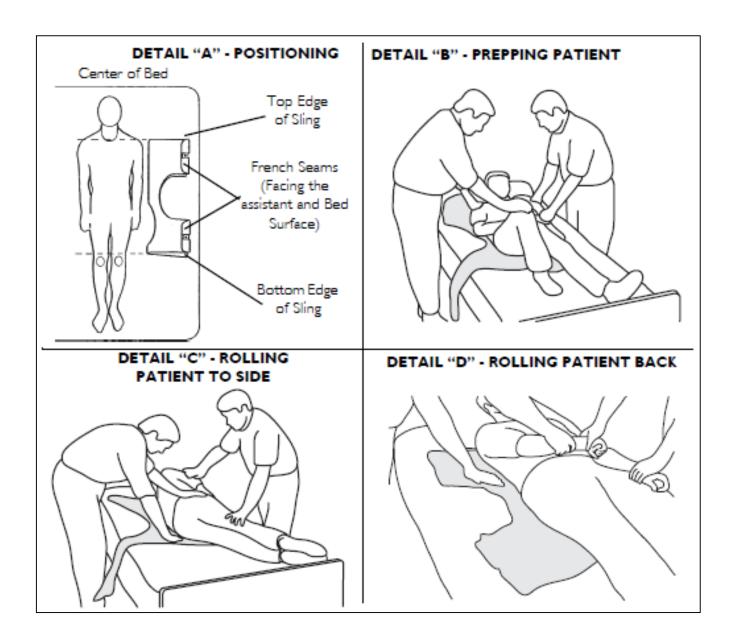
Basic Sling Placement

Note: It is recommended to have two (2) attendants when positioning a patient on a sling.

- 1. Position the patient in the center of the bed and lying flat on his/her back.
- 2. Fold the sling in half (length-wise) and place the fabric section of the sling beside the patient. Note: The top edge of the sling (nearest to the patient's head) should be slightly above the armpit level of the patient.

Note: The bottom edge of the sling should be a few inches above the back of the patient's knee.

- 3. Roll the patient to one side of the bed.
- 4. Push the folded sling under the patient.
- 5. Roll patient to the other side of the bed.
- 6. Pull the sling out and center under the patient.

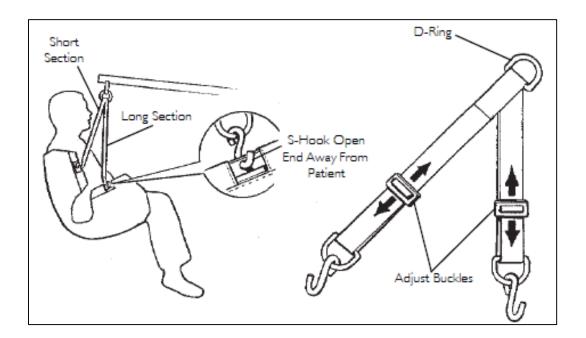


Adjustable Chain/Strap

- Adjust the straps/chain links to the desire position.
 Note: Straps/Chains should be set to the same length.
- Connect hook from one side to "D" ring on the other side, repeat process with other hook and ring. When the sling is properly fitted, the sling will automatically go into position when lifted. Note: Hooks should always face away from the patient.

Color Coded Straps

When connecting slings with color coded straps to the patient lift, the shortest of the straps <u>MUST</u> be at the back of the patient for support. The loops are color coded and can be used to place the patient in various positions. The colors make it easy to connect both sides of the sling equally.
 Note: Make sure that there is sufficient head support when lifting a patient.



Lifting a Patient

- 1. Using the spreader handle, ensure the base is spread as wide as possible.
- 2. Center the lift on the patient.
- 3. Connect the loops and/or "D" rings to the swivel bar.
 - Note: Ensure the patients arm are inside the straps.
- 4. Use the pump handle to lift the patient.
 - Note: Only lift the patient a few inches off of the stationary surface i.e. bed, wheelchair or commode.
- 5. Move the patient using the handle on the mast.
 - Note: Do <u>not</u> move the lift and patient over shag or deep pile carpeting, thresholds, unpaved surfaces, outdoors or any other obstruction that can cause wheel stoppage and a tip over.

Lowering a Patient

- 1. Elevate the patient high enough to clear the stationary surface.
- 2. Center the lift on the stationary surface i.e. bed, wheelchair or commode.
- 3. Using the control valve, slowly lower the patient.

 Note: Lift and patient position may need to be adjusted during the lowering process.

Safety Tips

- Never push or pull on the lift boom. Pushing or pulling on the boom can cause it to tip over.
- Do <u>not</u> lock or block the wheels when lifting a patient. The wheels must be free to roll to allow the lift to center over the base.
- When lifting always keep patient centered over the base and facing the attendant who is operating the lift. The weight must be centered over the base.
- Patient (especially when wearing slippery garments) may slide out of the sling if it is not adjusted properly. Position patient so that knees are slightly above the waist.
- To reduce the hazard of tipping over, spread adjustable base to its widest position before lifting anyone.
- Do <u>not</u> move the lift and patient over shag or deep pile carpeting, thresholds, unpaved surfaces, outdoors or any other obstruction that can cause wheel stoppage and a tip over.
- If patient is in a wheelchair, engage the wheel locks to prevent the chair from moving.
- Always inspect the sling prior to lifting a patient. Never use a sling that is damaged.

24 Hour Emergency Service

If the equipment fails and you cannot correct the problem or if you have questions concerning the operation, maintenance or safety of your machine, you may call our office at 1-877-274-0770, ask for the Procare person on call, the on-call person will return your call as soon as possible.