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Oxygen Concentrator Instructions

Oxygen General Information

Your physician has prescribed home oxygen for you. Oxygen should be used only as your physician prescribes. If your physician prescribes a different liter flow or discontinues your oxygen, it is your responsibility to notify Procare Home Medical at 1-877-274-0770. A written physician order must be obtained by Procare Home Medical for any changes regarding your oxygen. Oxygen can be dangerous if misused.

General Precautions

- Keep away from any open flames i.e. burning fireplace, candle or cigarette.
- Maintain a distance of five feet between your oxygen supply and a heat source, such as a radiator, stove or burning fire place.
- Do not use alcohol or oil products, including hand cream, Vaseline or rubbing alcohol. Glycerin or water based creams may be used to soften skin, if needed.
- Oxygen tanks must be secured with a stand, tank cart or laid flat on the floor to keep them from falling.
- Keep electrical devices that are in use five (5) feet away from oxygen that is in use.
- Do not use electric blankets while using oxygen.
- It is best if clothing and blankets are made of low static material, such as 100% cotton or a cotton blend.
- Do not use a higher flow rate than your physician prescribes.
- Turn your tank off when not using the oxygen.
- It is recommended to keep a fire extinguisher on hand.
- If you live in an area that has frequent power outages, it is recommended that you have a backup generator on hand.
- **Do not smoke** while using oxygen.

Instructions

1.	Use your oxygen only as directed by your physician.
2.	Your prescribed liter flow is

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	Use your oxygen _	hours per day.	

- 4. If your physician changes the liter flow, it is your responsibility to notify Procare Home Medical.
- 5. Check the system regularly for leaks and to maintain tubing.
- 6. If you have a humidifier, change it every two (2) weeks.

Signs to Watch For

- Drowsiness or sleepiness while using oxygen during a normal wakeful time.
- Chest pain during or after use of oxygen.
- Restlessness or air hunger.
 - o If these signs occur, check the liter flow, tank pressure and look for leaks.
 - o If all is in order and these signs continue, call 911 and notify your physician.

Storage of Tank

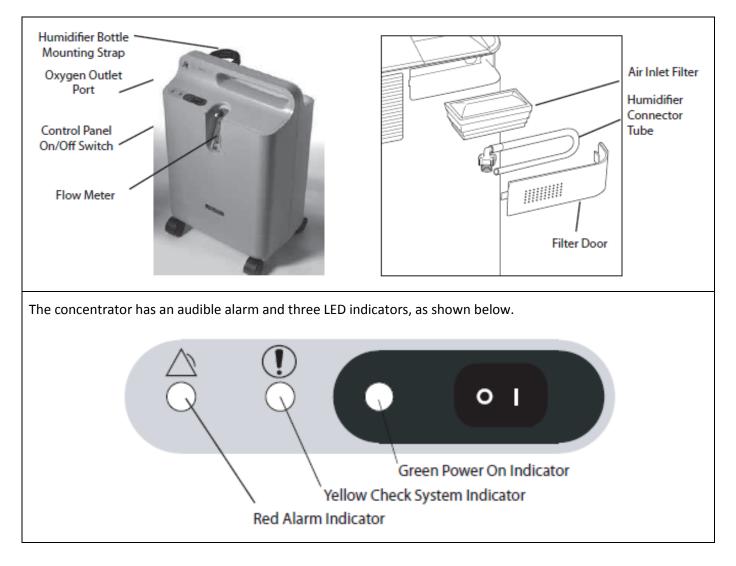
- Turn the tank valve off.
- Store in a cool, dry, well-ventilated area.
- Store away from gasoline, paint thinner, oil and heat sources.
- Store in a safe and secure manner to prevent tipping over of tanks.
- It is not recommended to store cylinders in the trunk of a vehicle.

Oxygen Concentrator Instructions

Concentrator Placement

- The concentrator should be centrally located in the home.
- It should be kept away from radiators, heaters or hot air vents.
- Keep concentrator at least six inches from the wall, drapes or furniture.
- Make sure the concentrator is off before you plug it into an outlet.
- Outlets should be grounded and extension cords should not be used.
- Avoid deep shag carpet.

Important Parts of the Concentrator



Machine Operation

- 1. Plug in machine.
- 2. Turn on power switch.
 - An alarm will sound for up to one (1) minute while the concentrator is building up pressure.
- 3. Turn flow meter to you prescribed flow (Liters Per Minute (LPM)) with the ball centered on the line.

Oxygen Concentrator Instructions (Continued)

Alarms / Trouble Shooting

- 1. If the alarm fails to stop after approximately one (1) minute or should sound at any other time, check the following.
 - A. Be certain the power cord is plugged in and that there is power (house current) to the outlet.
 - B. Check reset button.
 - C. Check flow meter for appropriate setting.
 - D. Determine that the concentrator intake air filter is not clogged with lint and/or debris.
 - E. Check for a kink in the tubing.
 - F. If using a humidifier, remove humidifier and check for pressure coming out of concentrator. If you have pressure, change humidifier bottle.
- 2. If you feel that you are not receiving enough oxygen, check the following:
 - A. Place cannula in a glass of water, look for bubbles. If bubbles are present, oxygen is flowing through the cannula. If no bubbles, check cannula for clogs.
 - B. Check for a kink in the tubing.
 - C. Check humidifier cap for cross threading.
 - D. If using a humidifier, remove humidifier and check for pressure coming out of concentrator. If you have pressure, change humidifier bottle.

Precautions

- Oxygen promotes burning--do not use it while smoking, around open flames or hot / sparking objects.
- Do not use oxygen near oil products.
- Do not place liquids on or near concentrator.
- Read the concentrator manual provided. If you have a question concerning the operation, maintenance or safety of the concentrator, please call our office at 1-877-274-0770.

Cleaning

- Filter(s) located on the side/back of the cabinet should be checked daily and cleaned when dirty. Note: Filter(s) should be cleaned at least once a week.
- Wipe cabinet with a damp cloth if necessary.
- Replace humidifier every two (2) weeks.
- Replace cannula at least every two (2) weeks.
- Replace oxygen tubing every six (6) months.

Routine Delivery

• We encourage patients to pickup cylinders and supplies at Procare Home Medical. The intent is to promote mobility, exercise and a healthy lifestyle. Patients may also call to schedule delivery, supplies or maintenance Monday through Friday 8:30 am - 5 pm. Weekend deliveries are provided in emergency situations only. Please allow 4 hours for delivery.

Maintenance

• Procare Home Medical schedules routine maintenance checks following manufactures recommendations on oxygen concentrators. Service Technicians will call in advance to schedule services with you.

Note: Most concentrators require annual preventive maintenance.

Oxygen Cylinder/Tank Instructions

To Turn Oxygen Tank On

- 1. Open tank by turning valve two or three turns counter-clockwise. Gauge should show pressure in tank.
- 2. Turn flow dial to you prescribed flow (Liters Per Minute (LPM)). The number should align with the indicating pointer.
- 3. Use oxygen only as directed.

To Turn Oxygen Tank Off

- 1. Turn tank off by turning valve clock-wise until it no longer turns.
- 2. Pressure/Content gauge should drop to zero as the oxygen vents out of the regulator.



Storage of Tank

- Turn the tank off.
- Store in a cool, dry, well-ventilated area.
- Store away from gasoline, paint thinner, oil and heat sources.
- Store in a safe and secure manner to prevent tipping over of tanks.
- If unable to secure tanks then tanks should be laid flat.
- It is <u>not</u> recommended to store cylinders in the trunk of a vehicle.

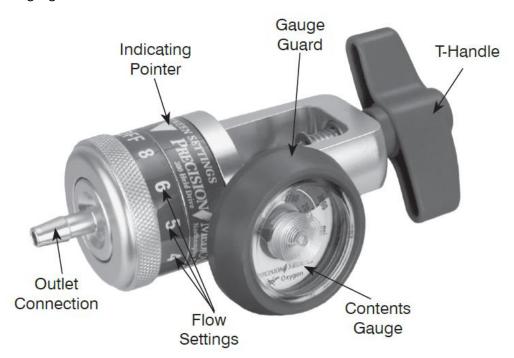
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Oxygen Cylinder/Tank Instructions (Continued)

To Exchange or Replace Tank

- 1. Turn tank off by turning clockwise.
- 2. Loosen T-handle.
- 3. Lift regulator off of valve.
- 5. Loosen tank cart screw.
- 6. Remove empty tank from cart.
- 7. Place full tank in cart.
- 8. Tighten cart screw.
- 9. Place regulator on valve so that pins on regulator match valve holes.
- 10. Tighten T-handle.
- 11. Place wrench on valve.
- 12. Turn on tank. (Turn counter-clockwise)
- 13. Check fill gauge.



Trouble Shooting

- 1. Regulator is hissing or blowing air out. (Will not seal)
 - A. Turn tank off
 - B. Remove regulator
 - C. Look for a black or yellow washer (This will be located above the two prongs)
 - D. If washer is missing look on last cylinder changed or replace washer.

Estimated Cylinder Time

Note: Times are provided as an estimate based on cylinders filled to 2100 PSI.

Standard Regulator (Continuous Flow)												
	Liters Per Minute (LPM)											
		0.5	1	1.5	2	2.5	3	4	6	8	10	15
Cylinder Type	К	209 hr	105 hr	70 hr	52 hr	42 hr	35 hr	25 hr	14 hr	7 hr	4 hr	1.25 hr
	M60	24 hr	16 hr	12 hr	8 hr	7 hr	6 hr	4 hr	1.5 hr	50 min	30 min	N/A
	E	12 hr	8 hr	6 hr	4 hr	3.5 hr	3 hr	2 hr	45 min	25 min	N/A	N/A
	D	8 hr	5 hr	4 hr	3 hr	2 hr	2 hr	N/A	N/A	N/A	N/A	N/A
	M-9/C	5 hr	2.5 hr	1.5 hr	1.25 hr	1 hr	N/A	N/A	N/A	N/A	N/A	N/A
	M-6/B	2 hr	1 hr	0.5 mn	0.25 mn	N/A	N/A	N/A	N/A	N/A	N/A	N/A

Pneumatic Conserver (Pulse Flow)										
		Liters Per Minute (LPM)								
		1	1 2 3 4		4	5	6			
Cylinder Type	E	10 - 12 hr	8 - 10 hr	5 - 8 hr	2.5 - 5 hr	1 - 2.5 hr	0.75 - 1 hr			
	D	6 - 8 hr	4 - 6.5 hr	2.5 - 4 hr	0.5 - 2 hr	0.5 - 1 hr	N/A			
	M-9/C	3 - 5 hr	2 - 4 hr	1 - 3 hr	0.5 - 1.5 hr	0.25 - 0.5 hr	N/A			
δ	M-6/B	2.5 - 4.5 hr	1.5 - 3 hr	1 - 2.5 hr	0.5 - 1 hr	N/A	N/A			

Oxymizer Conversions										
	Liters Per Minute (LPM)									
	2	3	4	5	6	7	8	9	10	
Setting	0.5	1	2	2.5	3.5	4.5	5.5	6.5	7.5	

Note: Oxymizers are used with a standard regulator. The flow rate is adjusted for the bolus volume.

24-Hour Emergency Service

24-Hour Emergency Service

- If the unit fails and you cannot correct the problem or if you have questions concerning the operation, maintenance or safety of your machine, you may call our office at 1-877-274-0770, ask for the Procare person on call, the on-call person will return your call as soon as possible.
- Procare Home Medical has trained representatives able to assist you with questions or trouble-shooting your equipment. The goal is to restore your oxygen as quickly as possible.

Emergency Service Highlights

- It is recommended that you notify your electric company about your medical condition and the need for oxygen. The electric company will place your residence on a <u>High Priority</u> list in the event of power failure.
- Use your oxygen as directed by your provider.
- 24-hour emergency call number is 1-877-274-0770, ask for the Procare person on call, the on-call person will return your call as soon as possible.
- If your oxygen machine malfunctions, use cylinder/tank for back up and call 1-877-274-0770.
- If your electricity fails, use your cylinder/tank for oxygen and call your electric company. Tell them you have an oxygen concentrator.
- If your concentrator quits and your cylinder/tank is empty, call 1-877-274-0770.
- Rest quietly until we arrive.
- Note:

Appointments for the maintenance checks will be made with you by phone. Equipment will be serviced at this time. Call 1-877-274-0770 if you have questions.