



CPAP and BIPAP for Obstructive Sleep Apnea

Documentation Required

- ❖ Most Private Insurance (individual plan criteria may follow Medicare guidelines)
 - Prescription
 - Diagnostic sleep study

- ❖ Medicaid
 - Medicaid Certificate of Medical Necessity – may replace prescription form if the “plan” section of the CMN lists all equipment and quantity of supplies needed per month
 - Prescription listing all equipment and supplies
 - Diagnostic sleep study

- ❖ Medicare requirements for initial setup (in the following order)
 - Face to Face (F2F) visit prior to sleep study
 - Must document symptoms or reason for sleep study referral
 - If date of F2F is > 6 months prior to the prescription date, a new F2F visit must be performed prior to the prescription
 - Diagnostic sleep study
 - Type I inpatient sleep study; type II, III, IV or other home-based study
 - Home based study requires documentation of training provided prior to study, by face to face, video or telephonic instruction
 - AHI or RDI > or equal to 15 events per hour with a minimum of 30 events; **or** AHI or RDI is > or equal to 5 events per hour and < than or equal to 14 events per hour with a minimum of 10 events and documentation of:
 - Excessive daytime sleepiness, impaired cognition, mood disorders or insomnia; **or**
 - Hypertension, ischemic heart disease or history of stroke
 - Prescription requirements
 - ✓ Start date
 - ✓ Patient name
 - ✓ Provider name
 - ✓ Provider NPI (for Medicare recipients)
 - ✓ Detailed description of item(s) prescribed
 - ✓ Quantities needed per month
 - ✓ ICD-10 code(s)
 - ✓ Length of need
 - ✓ Provider signature with credentials (for Medicare recipients)
 - ✓ Provider signature date (in addition to start date of prescription for Medicare recipients)

- ❖ Medicare compliance requirement after initial 3 months of use
 - For patient to receive supplies after 90 days from setup date **and** Medicare to continue to pay for equipment, the following must be completed:
 - ✓ Machine download documents use > or equal to 4 hours/day on 21 out of 30 consecutive days (70%); and Face to face visit performed between 31 and 90 days after the equipment setup date, that documents % of days used > or equal to 4hrs, based on review of the download, and that patient is benefiting from positive airway therapy